

PiXL Independence

BTEC Level 3 Sport

Unit 3: Professional Development in the Sports Industry

Student Booklet

KS5

Contents:

- I. Multiple Choice Questions - 20 credits per quiz
- II. Short Exam Questions - 5 credits with additional 10 credits available
- III. Wider Reading - 20 credits per summary
- IV. Academic Reading - 50 credits per summary
- V. Extended Exam Style Questions - 80 credits per essay

I Multiple Choice Questions:

1) What is not a geographical factor when considering jobs in the sports industry? (1)

- ☐ Environment
- ☐ Location
- ☐ Infrastructure of a town, city, or village
- ☐ Employment

2) What is not a principle of the Health and Safety at Work Act? (1)

- ☐ Secure the safety and welfare of people at work
- ☐ Protect people at risk against risks to health
- ☐ Allow offensive substances into the atmosphere
- ☐ Control the handling of dangerous substances

3) What is not a job in the sports industry? (1)

- ☐ Coach
- ☐ Police
- ☐ Grounds keeper
- ☐ Sports Psychologist

4) What is not a sector or employer within the sports industry? (2)

- ☐ Fourth sector
- ☐ Public
- ☐ Voluntary
- ☐ Private

5) What is not a type of employment within the sports industry? (1)

- ☐ Full-time
- ☐ Part-time
- ☐ Non fixed-term contract
- ☐ Zero-hours contract

6) What listed below is not an industry standard? (1)

- ☐ Safeguarding Disclosure and Barring Service (DBS)
- ☐ Register of Exercise Professionals (REPs)
- ☐ Facilities Management
- ☐ Sports Coach UK, organisational policies and procedures

7) What is not a qualification or a professional body? (1)

- ☐ Sports coach UK
- ☐ Register of Exercise Professionals (this is an industry standard)
- ☐ Chartered Institute for the Management of Sport and Physical Activity
- ☐ Adventure Activities Licensing Authority

8) What does CPD stand for? 1)

- ☐ Curriculum Plan and Design
- ☐ Critical and Physical Development
- ☐ Continued Professional Development
- ☐ Career Professional Development

9) What is not a regulation for PPE equipment? (1)

- ☐ Does not need to be assessed for suitability
- ☐ Maintained and stored correctly
- ☐ Supplied with adequate instructions
- ☐ Worn correctly

10) Tick all the professional bodies in the sports sector: (2)

- ☐ UK Sport
- ☐ Chartered Institute
- ☐ Register of Exercise Professionals
- ☐ British Association of Sport and Exercise Science
- ☐ Adventure Activities Licensing Authority

II Short Answer Questions

- 1) Name two activities that are impacted by seasonal factors which need to be considered for working in the sports industry. (2)
- 2) Name three careers or jobs in the sports industry. (3)
- 3) Give three definitions of types of employment, including practical examples, across different sports sectors and career pathways, locally or nationally. (3)
- 4) What is the role of the DBS? (2)
- 5) Name three qualities that you need in order to work in the sports industry. (3)
- 6) Name three things that you would include within your personal portfolio/record of achievement. (3)
- 7) Name two sports industry sectors and provide an example of a job that can be found in each sector. (4)
- 8) If you had a role in the fitness and leisure management industry, name two things that you would want to be good at and list the skills you would need to be successful in the job? (4)
- 9) What is a SWOT analysis? Name an example for each area of the SWOT analysis that you could highlight about yourself if you were applying for a position within the fitness industry. (4)
- 10) Could a sport survive without volunteers? (2)

III Wider Reading

BTEC Level 3 National Sport Book 1

<https://www.pearsonschoolsandfecolleges.co.uk/FEAndVocational/Sport/BTEC/Level3BTECNationalSport/ISBN/StudentResources/BTECNationalSportBook1PerformanceandExcellence3e.aspx>

Working in sport – James Masters

Human resource management in the sports and leisure industry - C Wolsey, S Minten, J Abrams - 2011

Sport development: policy, process and practice - K Hylton - 2013

IV Academic Reading

Professional and Development Issues in Leisure, Sport and Education (LSA publication)

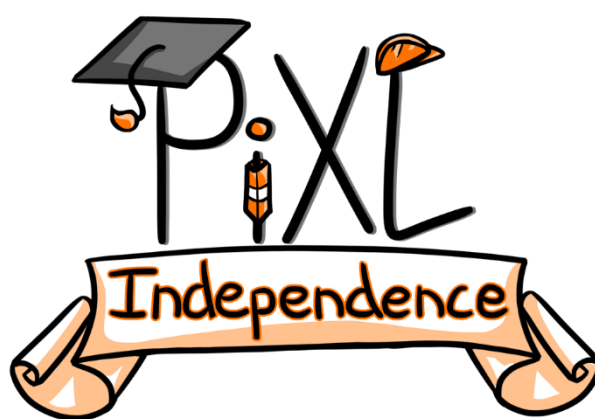
Google scholar:

Coach Education and Continuing Professional Development: Experience and Learning to Coach
- Christopher J. Cushion, Kathy M. Armour & Robyn L. Jones

Effective professional development—What we now know - PA Bechtel, M O'Sullivan - 2006

V Longer Answer Questions

- 1) Discuss the progression routes and pathways that may be available to a sports coach. (6)
- 2) If a student studied sports science at university, what career pathways could be open to them after completing their studies? (4)
- 3) Research one of the following jobs in the sports industry. What does the job involve? What do you need to be able to do the job (e.g. qualifications)? What experience do you need? What professional development do you require? (4)
 - Leisure management
 - Sports development
 - Sports science
 - Coaching
 - Fitness instructor
- 4) Select a sport of your choice and investigate the history behind it. Why did this sport develop? Where did it develop? What jobs are available within this sport? (6)
- 5) How can someone maintain and continue their professional development in the sports industry? Give an example? (8)
- 6) What personal skills could you discuss in an application for potential future employers? (6)
- 7) What would you do for your own personal development if any area from your personal skills audit was identified as being weak?
- 8) Carry out independent research into two contrasting sport industry pathways to show your understanding of relevant employment opportunities, career progression, and required knowledge, skills and qualities. (6)
- 9) Prepare a personal CV for you to apply for a job in the sports industry. You must include your name, address, contact details, and a profile (a statement of 30-40 words about yourself describing your skills, qualifications and employment history). You may wish to include any skills you have learned in jobs, interests and hobbies, and references. (10)
- 10) You are an 18-year-old who is interested in a sports coaching role at your local sports club. Interested parties are to send in their CV and a letter of application. Write a letter to apply for the role. What would you need to change in your CV to apply for this job (if anything)? (10)



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