

**St Michael's Catholic College**

**Llewellyn Street  
London SE16 4UN**

**Tel: 020 7237 6432**

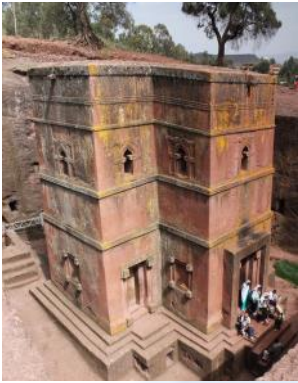
**www.stmichaelscollege.org.uk  
contact@stmichaelscollege.org.uk**

# THE LINK

**Newsletter for the pupils, parents and staff of  
St Michael's Catholic College**

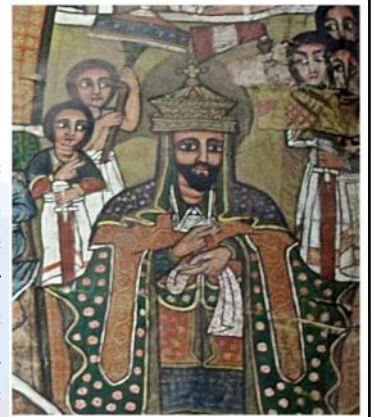
**Issue 166 - October/November 2019**

## Black history Month: Changing the Narratives



This October, Black History Month focused on 'changing the narratives'.

Too often black history revolves around, arguably, the more negative aspects of the past, and seeks to evoke a sympathetic response from listeners. However, looking only into events such as the slave trade can be damaging for the representation of black people, as our history goes far beyond black people being freedom fighters. There is a side totally separate from that of colonization or segregation, a side that is often not explored but is as important in shaping the



world as we know it today.

Our Black History Month assembly focused on this side. We looked into the beauty of pre-colonial Africa, discussing the amazing contributions made to society by various individuals. Leaders like King Lalibela in Ethiopia who strived to build Christianity in Africa, a phenomenon totally beyond the influence of the Western world. For me, it was a piece of information I was unaware of, but felt empowered by: understanding that my religious standing was originally developed without the need of European missionaries. We also discussed great emperors such as Mansa Musa of Mali and political revolutionaries like American author and academic 'bell hooks' (Gloria Watkins). This month is about a new story and realizing the importance of taking it upon ourselves to learn about our history. It's about changing the narrative. It is essential that we can take an active role in doing so and if you would like to further your knowledge in this and other areas, you can attend the History club every Tuesday in S10. – **Toni I., Year 13**

## 6th Form Girls Visit to PwC

On Thursday the 24th October, we visited PwC's main office in Central London to find out about degree apprenticeships and job opportunities.

The talk started with an introduction to all the possible careers at PwC, including but not limited to actuarial, consulting and technology. We were informed of the PwC apprenticeships and the pathways offered such as the flying start degree which helps to fast track students on their way to becoming chartered accountants. I found this avenue really cool and informative.

We then all spoke about females that inspired us and what qualities they had which we could use in our day to day lives to empower us. The director at PwC came and spoke to us about her experience at PwC and reminded us to invest in ourselves and never give up.

Following this we had a short talk from a doctor who built up a business from scratch. She provided help to the youth in finding medicinal work experience. We were tasked with coming up with a solution to her real-life problem which was about lack of publicity among the youths.

Finally we participated in a mock interview which is used during the group employment stage at PwC. This was extremely insightful as it gave me a good look into future problem-solving tasks and how to boost my team working skills.

Overall it was an extremely useful day and gave me a great insight into a career at PwC. A huge thanks to Dan Millar, Katherine Bond and the team at PwC for a wonderful and inspiring day! **Kathleen D & Tasnim I. (Year 12)**



## Chinese Cooking masterclass



The experience at the Chinese cooking masterclass was outstanding. The masterclass was offered by The Ming-Ai Chinese institute and Lee Kum Kee.

Learning about China through the presentation slides was very good and informative. The demonstration on how to make the product was very good and very easy to cook. This resulted in a very tasty, authentic Chinese Dish. Over all I liked the experience in Chinese Cooking and would do this again. **Daniel D, Yr 9**



## Southwark Schools Cross Country Championships



On Thursday 10<sup>th</sup> October 2019 St Michael's College fielded a team of 15 runners to take part in the Southwark Schools Cross Country Championships. The course, held in Peckham Park, was a challenge with long grass and slopes to contend with. Years 7 & 8 ran 2km, and Years 9 & 10, 4km.

As always, the pupils from St Michael's College showed great sportsmanship and competed to the best of their ability.

The weekly Wednesday lunchtime runs leading to the competition certainly had an impact on the stamina of Antonina M, Moyi P, and Irat A, who all improved tremendously in the second phase of their run.

The team consisted of Antonina Mikosik, Daniel Malcev, Esrom Mekonnen, Evie Jordan, Hector Favio, Henry O'Neill, Irat A Gomendio, Laila Smith,

Melvin M'Bolo, Moyi Parchment, Natasha Joseph, Seamus Mc Glynn, Thiago Bermeo . **PE Department**

## Sixth Form Match Report: St Michael's Catholic College vs. Latymer Upper School



On the 16th October, St Michael's Sixth Form football team played their first game of the season against Latymer Upper School.

We started off well with a pin-point long ball from Michael to Roland who, with a beautiful touch, controlled the ball on the left wing and kicked a long

ball to Ricky. Ricky, in true striker fashion, got the ball down and scored in the bottom corner. However, due to unforced errors we conceded a stream of goals and the half ended 3-1 to Latymer.

At the start of the second half, St Michael's were on the front foot playing beautiful football with great skills between Tyrese, Tobi and Michael in the midfield. Then, with a great through ball from Tobi, Ricky was in and again stroke and hit the top corner. The comeback was on!

The game proceeded and St Michael's were still on the front foot as we played with great intensity and due to this, we were rewarded with 4 goals to put us in the lead.

St Michael's continued this intensity with more skills and dynamic movements from the full-backs, George and Clement, which led to a back-heel goal from our centre-back Louie, putting us 5-3 up.

We were under pressure but, the team's resilience allowed us to see it through until the last minutes and weather the storm with ease. The number 11 from Latymer shot but Rodrigo Perez Del Palomar Gayan stopped it with an excellent defensive goal line clearance like prime Gerard Pique.

The game ended with a 5-3 win to St Michael's. **Clement S. & Roland**

### Fund raising for Mental Health

Young Minds was extremely thankful to St Michael's students for taking part in #HelloYellow this World Mental Health Day!

By getting involved we have raised £319.63. This shows children and young people that they are not alone with their mental health. "The amount raised will make an enormous difference" the Charity's Chief Executive acknowledged, but there is still much work to be done: too many young people still feel ashamed to open up about how they feel, and support is often too hard to find.

By working together we can change this: Young Minds is able to support parents who do not have anywhere to turn to, it can empower professionals on the front line of the crisis and give young people a stronger voice.

There are loads of things to do at school to raise awareness for young people's mental health. You can know more by signing up to YM 360 Schools Community website: <https://youngminds.org.uk/youngminds-professionals/360-schools>.

# YOUNGMINDS

fighting for young people's mental health

### CAFOD FAMILY FAST DAY 4th October 2019



Our students and staff raised £115.08 for CAFOD. We held two lunchtime voluntary collections and students were encouraged to donate some of their loose change to this worthy cause. The theme this year was "no child should be attacked getting water to drink" and CAFOD used the story from 14-year-old Fabiano about the danger he faced on the long walk to collect water in the dark. Now that a solar powered pump has been installed in his village, Fabiano can get water safely, easily and have time and energy for school.

There are many more children who still need our help and who are risking their safety and missing school to get water. CAFOD supports short term and long term projects aimed at helping some of the world's poorest people.

### Scrap Fabric needed



If you have any spare scrap fabric that you'll be willing to donate to the textile department we will be very grateful.



*Miss R. Davies*



### MEALS DAILY CAP UPDATE

On the 4<sup>th</sup> June 2019, the students daily cap for meals increased from £4.50 to £4.75.

This is just a small increase to allow them to enjoy both breakfast and lunch.



### Lost Property Collection



A great deal of lost property has been handed in and we would like to give students and Parents/Guardians the opportunity to collect it.

The items will be kept until the end of each half term and full term after which, due to lack of space, they will be donated to local charities.

Please, remind your child to come and look for their lost items and to write their names on the labels of their items..

### Safeguarding

**Important Notice from the Safeguarding Officer - there is a copy of our Safeguarding Policy on the College Website. A hard copy of this is available in the College Office.**



Contacting the College - Direct parents access to college via email  
[contact@stmichaelscollege.org.uk](mailto:contact@stmichaelscollege.org.uk) For absence please phone: 0207 237 6432 EXTN. 730

