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# THE LINK

*A fortnightly Newsletter for the pupils, parents  
and staff of St Michael's Catholic College*

*Issue 89 - 19th September 2014*

## Welcome back to College

Welcome back to a new term and a new year at St Michael's. We began by celebrating the success of our Year 11, 12 and 13 students who achieved excellent results in their examinations. The majority of our Year 13 students are about to start their first year at University so we wish them all the best at the start of this exciting stage of their lives as well as congratulate the remainder as they begin their careers.

Looking forward to this term: next week we have a group of South Korean exchange students staying with members of Year 10 for a week and we will be holding a South Korean day across the whole college on Thursday in order to learn about their culture, before our students make their return visit in November. There will be a full report on the exchange in the next Link. As well as this we can look forward to the launch of our Price Waterhouse Cooper's mentoring programme, and for Year 12 the SEO scholars programme which provides them with opportunities to undertake work experience with high profile city firms as well as one to one mentoring from students at Russell Group universities.



Welcome to the students from South Korea



Sports day was an all-day event and it was a very fun and active day. Fortunately for us the sun was shining. Nearer the end of the day it was getting very competitive between the year groups as the sports day was an inter-form competition; however there could only be 1 winner. It



## St Michaels Sports Day 2014

On Thursday 17<sup>th</sup> July, St Michael's Catholic College hosted a Sports day for Years 7, 8 and 9. The events were held at the Ladywell arena in Lewisham. There was a wide selection of events to compete in such as 100m, 200m, 400m, 800m, High Jump, Javelin, Shot Put and Long jump.



was getting very tense and competitive between 7BA and 7RU. At the end of the day when the points tallied up and the winners announced, in Year 7 the winners were my form 7BA (AKA: 7BAmazing).

*Patrick Kavanagh 8BA*

The overall results for sports day were as follows:

Year 7 winners - 7BA

Year 8 winners - 8A

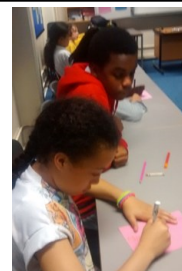
Year 9 winners - 9S

Well done to all participants and spectators for making it such a good day.

## Fruits, balloons and Bungee!



On 8th July we went on a Youth day organised by Southwark Education Commission and it was amazing! Four pupils, including myself, were accompanied by Mr O Sullivan and our chaplain, Cleo, to Christ the King sixth form college where the theme was "Fruits of the Holy Spirit". The day started with an introduction and prayer along with a lovely bacon sandwich.



The pupils were split into different "Fruit" groups to do activities around the college. We were Lemons and Strawberries and our activities included: Light photography, balloon modelling and of course by far my favourite, the bungee run. The day ended with an extended assembly/celebration where we learnt a song and various students got up to show their talents. We reflected again on the Fruits of the Holy Spirit and ended with a prayer.

Overall the day was great and a fantastic opportunity for us to make new friends, find out about other people's hidden talents and spend some time in prayer. Every single one of us made at least one new friend, which was fantastic, as well as meeting old ones too. I really hope to be chosen to go again next year. *William Rose Year 8*

## Chaplain's Corner

### A New Term

Greetings all and welcome back to a new year at St. Michael's College. We hope you all had a restful summer and enjoyed the sunshine while it lasted. As we welcome back all the students from the college as well as all the new students and staff we ask you to keep us in your prayers. Last year was an amazing year and with God's help we can make this one even better..

### Adoration

On Friday 12<sup>th</sup> September we brought back a very popular prayer time called "Light fever".

This is basically a time of Adoration in front of the Blessed Sacrament where students and staff come to the chapel and light a candle or say a prayer for someone they love or a situation they are worried about. Everyone is welcome to stay for two minutes or 20 minutes. The choice is theirs to come and go as they please. There was a steady flow on Friday and we expect



more to take up this opportunity in the future.

Light Fever is once a month from **12.30 – 1.20pm** and the next one is on **Friday 10<sup>th</sup> October**. Blessings - *Cleo Gammon - College Chaplain*



## Prayer for this week

May God make your year a happy one!  
 Not by shielding you from all sorrows and pain,  
 But by strengthening you to bear it, as it comes;  
 Not by making your path easy,  
 But by making you sturdy to travel any path;  
 Not by granting you unbroken sunshine,  
 But by keeping your face bright, even in the shadows;  
 Not by making your life always pleasant,  
 But by showing you when people and their cause need you the most,  
 And making you anxious to be there and help.  
 God's love, peace, hope and joy be with us all for the year ahead. Amen.

**Direct parents access to college via email**  
**contact@stmichaelscollege.org.uk**  
**Absence Text: please respond by text or phone on**  
**0207 237 6432 EXTN. 730**

## Calling all Parents!

We have an e suggestion box on our website where you can post any helpful suggestions that you have or any feedback on our policies or procedures to help us to improve. We would be grateful for any constructive suggestions that you give. The e – suggestion box can be found in the 'Contact us' section of the College website.

suggestion@stmichaelscollege.org.uk Follow link to view: <http://www.stmichaelscollege.org.uk/contact-us>