

DT after school Club—Barn Owl Project

Congratulations to Byron and Carlos who attend the Year 8 D&T after school club on Tuesday nights. They have completed the Barn Owl Moneybox project to a very high level of skill and effort and have increased their knowledge of materials, hand tools and machinery. Good Luck next term with the Recycled Garden Planters.

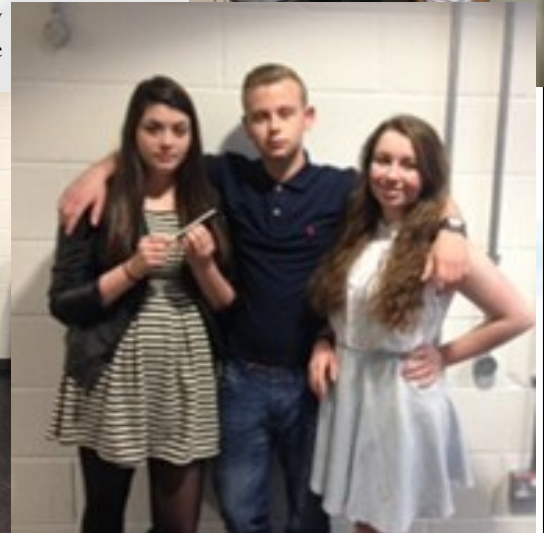
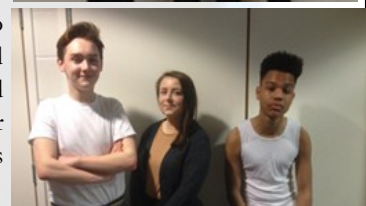
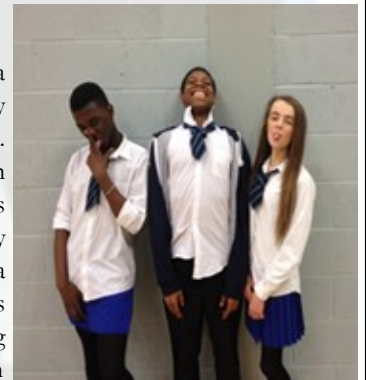
Mr Pete McCarthy



GCSE Drama

Since January, the Year 11 GCSE Drama group have been working exceptionally hard on their final exam performances. All their hard work and effort resulted in a very successful showcase to Friends and Family in May, which was quickly followed by their performance exam a week later! The variety of performances made for a very interesting, entertaining and humorous showcase. From Teechers (a play by John Godber) to The Importance of Being Earnest, End of the Food Chain to Slow Time and The Woman Who Cooked Her Husband with Perfect Pitch, there was

no end of laughter, gasps and sighs. All the pupils involved worked incredibly hard on their performances, with endless after school rehearsals and Saturday schools. They should all be very proud of their final pieces and fingers crossed their efforts will be rewarded in the summer. *Miss Rule*



Health Corner

Eating a healthy and balanced diet does not mean you always need to buy the most expensive foods. Here are some ideas for foods that are healthy, tasty and best of all, won't break the bank.

- Reach for the freezer: keep a supply of frozen fruits and vegetables in the freezer. They count towards your five-a-day.
- Go seasonal: Fresh fruits and vegetables in season taste great and are cheaper too.
- Tins win: tinned oily fish like sardines and salmon can be cheaper than buying fresh fish. They still contain heart friendly Omega 3.
- Canned tomatoes, beans and dried pulses are cheap and count towards your five-a-day.
- Breakfast is an important start of the day and porridge is a great choice. It is cheap and has no added salt or sugar.
- Keep an eye on your portion sizes and try not to cook more than you need.

Football Round up

Yesterday Gabriel Kabia (9A) represented our School and South London District Football in the final of the South East England Cup against Canterbury. From the start, South London kept possession of the ball well, making it difficult for Canterbury to form any kind of attack. Gabriel Kabia started in the centre back possession and he was instrumental in preventing Canterbury breach the 18 yard box. Consequently, Canterbury had to try long range efforts. Although Canterbury managed to score a goal mid-way through the 2nd half, the game finished 8-1 to South London. Well done to both teams for reaching the final. This is a fantastic achievement for Gabriel, Lucas and South London Football. As a consequence of winning this competition, we will represent South East England next year playing districts in Newcastle, Manchester and Birmingham. Well done to Gabriel.

Mr Heasman



Literacy

A group of Year seven pupils recently finished a literacy project titled 'Rhythm for reading'. For ten weeks they received discreet slots of musical training which involved reading complex musical composition fluidly. We were anxious to see whether such a creative approach to learning the key skills of reading could improve levels in English and were pleased to find that all pupils improved their comprehension skills and accuracy when reading. We hope to build on this project next year and see if it can help more pupils to develop their reading skills.

Miss Ballard

Numeracy

The whole of Year 9 recently started a cross-curricular activity between Maths and Science. In Maths, pupils gathered data on holly leaves and plotted graphs. Later, pupils will be using their graphs in science to analyse them from a scientific perspective. Seun Laja (9I) thought the project was "fun and interactive". We in the Maths department can't wait to hear how they get on with the project in Science!

Mr Irvine

Chaplain's Corner

As the whole country is gripped by World Cup fever, we pray this month for all those involved. The players, managers, stadium staff, supporters and everyone who plays a part. Keep them all safe and help us to support our teams with a loving and generous spirit that brings us together rather than divides.

2 Timothy 2:5 "Similarly, if anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules." (NIV)

A Prayer for the World Cup:

Lord of all the nations, who played the Cosmos into being, guide, guard and protect all who work or play in the World Cup.

May all find in this competition a source of celebration, an experience of common humanity and a growing attitude of generous sportsmanship to others. Amen



KEY DATES FOR YOUR DIARY

23-37 Jun	-	Whole College Exams
24 Jun	-	Last Day of External Exams
26 Jun	-	Yr 11 Celebration Evening
27 Jun	-	Yr 11 Prom
30 Jun-4 Jul	-	Business and Enterprise week
30 Jun- 11 Jul	-	Yr 10 Work Experience
1 Jul	-	Yr 6 Parents Evening
2 Jul	-	Yr 6 Induction Evening

Direct parents access to
college via email

contact@stmichaelscollege.org.uk

Absence Text: please respond by text or
phone on

0207 237 6432 EXTN. 730

Calling all Parents!

We have an e suggestion box on our website where you can post any helpful suggestions that you have or any feedback on our policies or procedures to help us to improve. We would be grateful for any constructive suggestions that you give. The e – suggestion box can be found in the 'Contact us' section of the College website.

suggestion@stmichaelscollege.org.uk Follow link to view: <http://www.stmichaelscollege.org.uk/contact-us>